



CEREAL DRIVE

March is Nutrition Month® and to help celebrate, **BRANT FOOD FOR THOUGHT** is launching a **Cereal Drive** for Student Nutrition Programs campaign from **March 1 – 29th**! This is a great way to raise awareness of your school's Student Nutrition Program while boosting your program with some great in-kind donations. Prizes will be awarded to the Top 3 schools! Sign up by contacting Judy Maidment at judy@brantfoodforthought.ca, then ask your neighbors, friends, grandparents, aunts, uncles etc. to help you help your school be a Student Nutrition Program Champion! Good Luck!



BRANT FOOD FOR THOUGHT

MINISTRY APPROVED GRAINS

CEREALS:

Shreddies

Multi-Grain
Cheerios

Life Multigrain

CRACKERS:

Original Triscuits

Multigrain Breton

Multigrain Wheat
Thins

Gold Fish -
Multigrain

GRANOLA BARS:

Chewy Bars (Apple
Crumble, Peach
Crumble, Raspberry
Crumble)

Nature Valley (Lunch
Box Very Berry)